

St Bede CE Primary School Kitchen

Example Menu..

Monday	Chicken or chick pea vegetable curry Rice and sweetcorn Finger vegetables/bread selection	Vanilla sponge Selection of fresh fruit
Tuesday	Corned beef hash or vegetable pie Carrots Finger vegetables/bread selection	Fruit and ice-cream Selection of fresh fruit
Wednesday	Roast Ham or lentil hot pot Roast potatoes and broccoli Finger vegetables/bread selection	Ginger biscuits Selection of fresh fruit
Thursday	Chicken in a creamy herb sauce or vegetable casserole Pasta and green beans Finger vegetables/bread selection	Fruit jelly Selection of fresh fruit
Friday	Fish fillets or vegan nuggets Oven wedges and peas	Yoghurt Selection of fresh fruit

All food is cooked fresh on site every day and allergen information for meals provided is available on request.

