

St Bede C of E Primary Academy



Growth and Change Policy

The ethos of St. Bede Academy is founded on Christian principles where respect for others is paramount. A planned systematic programme called 'Live Well, Learn Well' is to be taught as part of a Personal, Social, Health and Citizenship Education Curriculum. Our Growth and Change Education policy reflects the school's ethos and will be taught within a context that stresses the complexity and value of caring human relationships and family life.

We have consulted with staff, Governors and parents in the writing of this policy. Parents were given the opportunity to respond and their views were taken into consideration in the shaping of this document.

Rationale

We believe that Personal Social and Health Education and Education (PSHE) helps to give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active and responsible citizens. 'Live well and Learn well' is an integral part of PSHE. It is an intrinsic part of the physical, intellectual and emotional growth of an individual.

Live well, Learn Well Education is an ongoing process, which should start in the home and continue at school. This process should happen in partnership with parents.

Aims

- To provide a secure, sensitive and caring framework where learning and discussion can take place;
- to ensure that the 'Live Well, Learn well' education is available to all children regardless of gender, ability, cultural or religious background, in line with the school's policy on equal opportunities;
- to help the children to acquire and practise important life skills such as critical thinking, decision making, communication and assertiveness;
- to enhance the personal development, self-esteem and well-being of each child, together with a sense of moral responsibility;
- to help children develop healthy and respectful relationships;
- to give children the opportunity to understand and deal with their feelings;
- to promote a knowledge of and respect for themselves and others;
- to promote an appreciation of the value of human life.

Planning and delivery

Live Well, Learn Well teaching will be delivered mainly via three areas of the curriculum: through National Curriculum Science, R.E. and as part of Personal and Social Development studies.

Growth and Change education will:

- Be developmental and be appropriate to the age and stage of the child;
- put forward factual knowledge and encourage the exploration of facts;
- examine opinions and concepts and encourage discussion;
- encourage awareness, respect and responsibility for oneself and others;
- provide information which is easy to understand, relevant and appropriate for the needs, age and maturity of the pupils.

Difficult or explicit questions do not have to be answered directly. Teachers will use their own discretion in these situations. Most groups will be mixed age and gender but if felt more appropriate, single sex or age groups may be formed.

Organisation

Many aspects of Live Well Learn Well are delivered through the curriculum e.g. healthy living or hygiene and in Science and making moral decisions in R.E and PSHE discreet lessons will also be taught from year 1 to 6. Other aspects are delivered through assemblies or as part of Circle Time discussions, such as feelings, responsibilities and understanding of personal safety and well-being. There will sometimes be areas which we feel are better delivered by outside agencies or personnel such as the schools nurse. On these occasions, we will inform parents in writing beforehand.

Equal opportunities

All pupils will have the opportunity to participate in Growth and Change. However, parents have the right to withdraw their children from any part of any Growth and Change Education provided, after discussion with the Headteacher, although not from human growth and reproduction lessons provided under the National Curriculum Science.

Foundation Stage

In the Foundation stage, Growth and Change Education is covered as part of 'Personal, Social and Emotional Development'.

Assessment for learning

Teachers will plan clear intended learning outcomes and provide feedback to children where appropriate and will evaluate children's responses in order to plan further lessons.